LA QUINTA RESOURCES CORPORATION
1710 – 1177 W. Hasting Street, Vancouver, BC V6E 2L5

La Quinta Resources Completes 4:1 Consolidation, Name Change and New Trading Symbol

Vancouver, B.C. February 18, 2016 - La Quinta Resources Corporation (TSX-V: LAQ / Frankfurt: LQK / OTCBB: LQRCP) ("La Quinta" or the "Company") is pleased to announce that the previously disclosed proposed share consolidation on a basis of four pre-consolidation shares for one post-consolidation share (the "Consolidation") will take effect, subject to final acceptance by the TSX Venture Exchange, on or about February 19th, 2016. The Consolidation was approved by the Company's shareholders at the AGM held on January 4th, 2016. Following the share consolidation the total issued and outstanding shares of the Company will be approximately 2,676,787 with no fractional shares issued.

The Company's name will be changed to Black Mammoth Metals Corporation with new trading symbol TSXV:BMM.

The Company's website is under construction and will be available shortly at domain: blackmammothmetals.com

On behalf of the board,

"Dustin Henderson"
Dustin Henderson, BBA
President, CEO and Corporate Secretary

La Quinta Resources Corp.

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