



**LA QUINTA RESOURCES CORPORATION**  
**1710 – 1177 W. Hasting Street, Vancouver, BC V6E 2L5**

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**LAQ: TSX-V**

**NEWS RELEASE**

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**La Quinta Resources appoints Arden (Buck) Morrow B.Sc. Mining Engineer as Director and Chairman**

**Vancouver, B.C. January 21, 2016 - La Quinta Resources Corporation (TSX-V: LAQ / Frankfurt: LQK / OTCBB: LQRCF) ("La Quinta" or the "Company")** is pleased to announce the appointment of Buck Morrow as Director and Chairman of the Board.

Mr. Morrow is a graduate Mining Engineer from the Mackay School of Mines at the University of Nevada, Reno. He has over 40 years' experience in mineral exploration, mine development, and mine operations, in North America, South America, Asia, and Europe. From 1980 to 2001, he was the President of Western States Minerals Corporation (later NuWest Gold) which, under his direction, discovered and brought into production some of Nevada's most significant gold deposits including Barrick's Goldstrike mine. From 2004 until 2009 he served as a Director and CEO of Northland Resources exploring, designing, permitting and financing Europe's first new major Iron Ore mine in 50 years. Mr. Morrow served as the Chairman of Wega Mining during 2009 at which time he spearheaded Wega's merger with Avocet Mining PLC, allowing the completion of the construction of the Inata Gold Mine and associated mill facility in Burkina Faso, West Africa. From 2010 until 2014 Mr. Morrow served as Chairman and then CEO of Calico Resources. During his tenure he led the permitting and exploration effort for the Grassy Mountain gold project near Vale, Oregon, USA. Mr. Morrow also served on several Boards including Fortuna Silver, which developed silver mines in Peru and Mexico. As a known mine builder, Mr. Morrow led the exploration, permitting and development of numerous precious metals mines in the Western US.

"The Company's Board and Management welcome Buck Morrow to the team. We are excited to work with Mr. Morrow as he brings a great contribution of experience and knowledge to the acquisition of projects of merit that can be developed into operating mines" commented Dustin Henderson, La Quinta's President and CEO.

The Company's Management and Directors are:

Dustin Henderson, BBA, President and CEO, Corp. Secretary  
Arden (Buck) Morrow, B.Sc. Mining Engineer, Director and Chairman  
Mark J. Abrams, B.S., M.Sc., CPG, CFO and VP Exploration  
Peter Olander, M.Sc., CPG, Director

On behalf of the board,

"Dustin Henderson"  
Dustin Henderson, BBA  
President, CEO and Corporate Secretary

**La Quinta Resources Corp.**

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