



**LA QUINTA RESOURCES CORPORATION**  
**1710 – 1177 W. Hasting Street, Vancouver, BC V6E 2L5**

**No.13-03 LAQ: TSX-V**

**NEWS RELEASE**

**SEC 12G file#82-35061**

## **LA QUINTA RESOURCES ANNOUNCES APPOINTMENT OF CEO AND CFO**

**Vancouver, B.C. June 3, 2013 - La Quinta Resources Corporation (TSX-V: LAQ / Frankfurt: LQK / OTCBB: LQRCF) ("La Quinta" or the "Company")** announces that effective May 31, 2013, the board of directors have appointed Mr. Dustin Henderson, BBA as the Company's President and CEO and appointed Mr. Mark J. Abrams, BS, MS, CPG as the Company's CFO and Vice President of Exploration. On May 31, 2013, Mr. Glen Watson tendered his resignation as President and CEO and will remain a director of the Company. The board of directors would like to thank Mr. Watson for his years of service as an Officer since the Company's inception in 2004. Prior to these changes, Mr. Henderson acted as CFO of La Quinta and Mr. Abrams was and continues to be a director of the Company.

Mr. Henderson has 15 years Mutual Fund Industry experience, operating a branch office of an Independent Fund Dealer. He has also been involved in the exploration mining industry, primarily with Canadian publicly listed mining companies, in roles ranging from: President, CFO, Director and Investor Relations. Currently, Mr. Henderson is President and co-owner of privately held IDA Gold Corporation which is a gold-focused, Nevada based exploration company. Mr. Henderson holds a Bachelor of Business Administration with a concentration in Finance from Simon Fraser University and has passed Level 1 of the CFA exam.

Mr. Abrams has over 30 years of domestic and international mineral exploration experience. Most recently, he was responsible for exploration and acquisitions in the United States for Golden Predator Corp. Prior to Golden Predator, he worked for 12 years for Agnico-Eagle (USA) Limited where he led his exploration team to a significant gold discovery in north eastern Nevada. Mr. Abrams has designed, initiated and conducted advanced project evaluations and acquisitions in the US, Argentina and Mexico; including acquisition and first exploration work on the Donlin Creek project in Alaska for Placer Dome. He conducted exploration work over 18 years for Placer Dome within the Cortez Joint Venture and Bald Mountain mine properties. He was responsible for acquiring the lands now occupied by a large portion of the Pipeline mine and was involved in the early exploration work on the deposit. Mr. Abrams holds BS and MS degrees in Geology from Eastern Washington University.

### **About La Quinta Resources Corporation**

The Carruthers Pass property, located in British Columbia, is a massive sulfide project with copper, gold and silver located 70km south of Kemess copper-gold mine. The project consists of 8 claims covering 3,250 hectares. No resources have been identified on the Carruthers Pass property. Diamond drilling on the property totaling 2,190 m has been completed to date, intersecting mineralized sulfide horizons, as described in the Company's news releases in 2011 and 2012 and in the Technical Report about the property completed by the Company in 2012 in compliance with NI43-101.

On behalf of the board,

"Dustin Henderson"

Dustin Henderson, BBA, President and CEO

**La Quinta Resources Corp.**

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