



LA QUINTA RESOURCES CORPORATION
1710 – 1177 W. Hasting Street, Vancouver, BC V6E 2L5

No.13-07

LAQ: TSX-V

NEWS RELEASE

SEC 12G file#82-35061

LA QUINTA RESOURCES FILES SUMMARY REPORT ON COPPERTONIC COPPER-GOLD PROPERTY

Vancouver, B.C. September 17, 2013 - La Quinta Resources Corporation (TSX-V: LAQ / Frankfurt: LQK / OTCBB: LQRCP) (“La Quinta” or the “Company”) is pleased to announce it has filed a Technical Report on the Coppertonic Property on the SEDAR system. Findings from the report were initially disclosed in the Company's news release dated August 15, 2013. The report is in the format required by National Instrument 43-101 and has an effective date of August 30, 2013. The author of the report, J. William (Bill) Morton P.Geo., meets the definition of a “Qualified Person” but does not meet the definition of an “Independent Qualified Person”, owing to his ownership of shares in La Quinta Resource Corporation.

About La Quinta Resources Corporation

The Coppertonic property, located south of Canim Lake, British Columbia, is a copper-gold occurrence historically known as the Sleeping Giant prospect. The project covers 24 claim units covering 480 hectares. A prominent magnetic anomaly centered on the property is interpreted to reflect a larger area of covered porphyry than what outcrops. Historic drilling on the prospect has included an aggregate of twenty two drill holes as described in the Company’s August 15, 2013 news release. No resources have been identified on the Coppertonic property.

On behalf of the Board,

“Dustin Henderson”

Dustin Henderson, BBA, President, CEO and Corporate Secretary

La Quinta Resources Corp.

1(604) 347-9101 - Email: dhenderson@shaw.ca - Web Site: www.laquintaresources.com

“Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.” This document includes forward- looking statements. When used in this document, the words “potential”, “plan”, “could”, “estimate”, “expect”, “intend”, “may”, “should”, and similar expressions are intended to be among the statements that identify forward-looking statements. Although La Quinta believes that their expectations reflected in these forward-looking statements are reasonable, such statements involve risks and uncertainties and no assurance can be given that actual results will be consistent with these forward-looking statements.”